

Mary Barry's Menu

Wednesday 16th September 2020

SOUP OF THE DAY: ROAST VEGETABLE & COCONUT served with brown bread and a roll €5.95

DAILY SPECIALS

- ❖ ROAST BEEF served with Potato & Vegetables €12.95 contains W,M
- ❖ CRUMBED SALMON & SCALLION CAKES served with Chips & Salad €12.95 contains M
- ❖ SOURDOUGH FLAT BREAD with bluebell falls cheese, sundried tomato & basil pesto €13.95 contains M,W

STARTERS

- ❖ MARY BARRYS SEAFOOD CHOWDER with brown bread & crusty roll €8.95 contains M, F, CEL, MOLL, C, W, D
- ❖ MARINATED SPICY CHICKEN WINGS with BBQ sauce €8.95 contains M, E, W, S, SUL, MUS
- ❖ CHICKEN AND MUSHROOM VOL-AU-VENT €9.95 contains- M, CEL, W
- ❖ MARY BARRY'S HOUSE CAESAR SALAD with Chicken & Bacon €9.95 contains M, MUS, W, N(Pine), CEL, F
- ❖ ST KEVIN'S DEEP FRIED BRIE €9.95 contains S, MUS, W, M
- ❖ MALAYSIAN CHICKEN SATAY with salad garnish €9.95 contains N (PEANUTS), W, E, CEL, M
- ❖ GOATS CHEESE BRUSCHETTA with sundried tomato & pesto €9.95 contains W, M, E, MUS,
- ❖ SMOKED HADDOCK & SHRIMP GRATIN €10.95 contains F, MOLL, SUL, W, C, M
- ❖ FRESH CALAMARI with Salad Garnish €10.95 contains- W, MOLL, E, M
- ❖ WARM DUCK SALAD with tamarind sauce & salad garnish €10.95 contains- S
- ❖ "RETRO" PRAWN COCKTAIL Served Marie Rose Sauce €11.95 contains F, MOLL, L, SUL, E, W
- ❖ FRESH CRAB COCKTAIL with salad garnish €13.95 contains F, MOLL, L, SUL, E, W
- ❖ PAN FRIED KILMORE QUAY SCALLOPS, black pudding & apple sauce €13.95 contains C, W, MUS, S, M, D
- ❖ PAN FRIED OR DEEP FRIED "TUSKAR" CRAB CLAWS in garlic butter €13.95 contains M, E, C, W, MUS, S
- ❖ KILMORE QUAY KING SCALLOPS & PRAWN in a sweet chilli sauce on a bed of salad €13.95 contains C, W, MUS, S, M

MAIN COURSES

Seafood

- ❖ KILMORE QUAY FRESH HADDOCK Pan fried or deep fried in golden breadcrumbs served with chips and salad or potatoes and veg €15.95 contains F, W, E, MUS, M, S
- ❖ KILMORE QUAY FRESH LEMON SOLE Pan fried or deep fried in golden breadcrumbs served with chips and salad or potatoes and veg €16.95 contains F, W, E, MUS, M, S
- ❖ KILMORE QUAY FRESH PLAICE Pan fried or deep fried in golden breadcrumbs served with chips and salad or potatoes and veg €17.95 contains F, W, E, MUS, M, S
- ❖ KILMORE QUAY FRESH COD Pan fried or deep fried in golden breadcrumbs served with chips and salad or potatoes and veg €18.95 contains F, W, E, MUS, M, S
- ❖ THAI YELLOW PRAWN & MONKFISH CURRY Served with chips or rice €21.95
contains CEL, MUS, C, MOLL, SUL
- ❖ KING PRAWN PAD THAI €19.95 contains N=Cashew S,C,SUL,E,W
- ❖ PANFRIED HAKE Served with Chive Cream Sauce, Baby Potatoes & Veg €21.95 contains F,W,M
- ❖ PANSEARED SALMON Served on a bed of champ with a chive cream sauce €22.95 contains F,W,M, C, Moll
- ❖ GOUJONS OF MONKFISH Served in golden breadcrumbs with chips and salad €23.95 contains F, W, E, MUS, M, S
- ❖ KILMORE QUAY FRESH SCAMPI Served in golden breadcrumbs with chips and salad €23.95 contains F, W, E, MUS, M, S
- ❖ HADDOCK ROULADE with scallops & tiger prawns Served with a smoked haddock cream sauce, Potato & Vegetables €24.95 contains M,C,CEL,F,W,SUL,MOLL
- ❖ FRESH CRAB & PRAWN LINGUINI with garlic, coriander & chilli €24.95 contains MOLL,SUL,C,W,CEL,E
- ❖ COD STEAK With a Scallop and Prawn Cream Sauce €24.95 contains F,W,M,CEL,E
- ❖ ½ LOBSTER ½ CRAB SALAD €29.95 contains W,E,C,D
- ❖ COLD SEAFOOD PLATTER €29.95 contains W,E,C,D,MOLL

Cont'd

ALLERGEN GUIDE:-

M=MILK, W=GLUTEN WHEAT, MUS=MUSTARD, F=FISH, CEL=CELERY, E=EGG, MOLL=MOLLUSC,
C=CRUSTACEAN, S=SOYA, , NUTS=N, SUL=SULPHUR DIOXIDE, L=LUPIN O= GLUTEN OATS
ALL OF OUR BEEF IS 100% IRISH

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Chicken

- ❖ **WARM CHICKEN SALAD** €12.95 *contains N(Cashew), MUS, S, W*
- ❖ **VOL-AU-VENT** in a creamy sauce served with chips *contains M, CEL, W*
CHICKEN €15.95 / **VEGETARIAN** €13.95
- ❖ **MARY BARRY'S CHICKEN GOUJONS** €14.95 *homemade breaded goujons served with chips and salad contains M, E, W, MUS, S*
- ❖ **MARINATED CHICKEN FILLET BURGER** €14.95 *with bacon and smoked cheese in a floury bap served with chips and salad contains M, S, W, MUS, E*
- ❖ **BACON WRAPPED SUPREME OF CHICKEN** €16.95 *wrapped in bacon with potato and leek stuffing served with a creamy mushroom sauce served with potatoes and veg. contains M, CEL, W*
- ❖ **THAI (STREET STYLE) NOODLES** served with chicken, spring onion & coriander **€17.95** *contains W, E, F, MOLL, CEL, S*

Meat

- ❖ **BLACK ANGUS ½ POUNDER BURGER** €15.95 *served with chips and salad contains M, W, E, MUS*
- ❖ **MARY BARRY'S HOMEMADE LASAGNE** €15.95 *served with chips and salad contains M, E, W, CEL, MUS, S*
- ❖ **BEEF STROGANOFF** €18.95 *served with steamed rice contains M, CEL, MUS, W*
- ❖ **BBQ BABY BACK RIBS** served with chips **€21.95** *contains S, W, E, CEL, M*
- ❖ **BARBURY DUCK BREAST** served on a bed of champ potato with stir-fry Vegetables **€22.95** *contains MUS, S, M, W*
- ❖ **7OZ PRIME FILLET STEAK** cooked to your preference served on a bed of champ potato with sautéed mushrooms, onions, chips & a choice of Sauces **€24.95** *contains M, CEL, E*
- ❖ **10OZ RIB EYE STEAK** cooked to your preference served on a bed of champ potato with sautéed mushrooms, onions, chips & a choice of Sauces **€22.95** *contains M, CEL, E*
- ❖ **SURF N' TURF "4oz FILLET"** on a bed of Champ Potato with Pepper Sauce & **"KING PRAWNS"** on a bed of stir-fry vegetables with garlic butter or sweet chili sauce served with chips or potatoes **€24.95** *contains F, M, S, SUL, C, MOLL*

Stir Fry's & Curries

- ❖ **ORIENTAL STIR FRY** Choice of **CHICKEN** €15.95 / **VEGETARIAN** €13.95
Served with rice noodles contains S, M, CEL, MOLL
- ❖ **HOUSE CURRY** Choice of **CHICKEN** €15.95 / **FILLET BEEF** €18.95 / **VEGETARIAN** €13.95
Served with steamed rice or chips contains CEL, W, MUS
- ❖ **THAI RED CURRY** Choice of **CHICKEN** €15.95 / **FILLET BEEF** €18.95 / **VEGETARIAN** €13.95
Served with steamed rice or chips contains M, S
- ❖ **OYSTER SAUCE** Choice of **CHICKEN** €15.95 / **FILLET BEEF** €18.95 / **VEGETARIAN** €13.95
Served with steamed rice or chips contains S, W, MOLL, CEL, M
- ❖ **BLACK BEAN SAUCE** Choice of **CHICKEN** €15.95 / **FILLET BEEF** €18.95 / **VEGETARIAN** €13.95
Served with steamed rice or chips contains S, W, MOLL, CEL, M

Please advise your server if you have any food allergies, some dishes can be adapted to suit your needs

Dessert & Cocktail Menu Available

Courtesy Bus service available please enquire with your server

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